## Maximiza tu Inglés Diario

# Top Tips to Maximise Your Experience

#### 1. BLOCK TIME OFF IN YOUR CALENDAR.

- If it's not in your calendar, you won't do it! True or false? In my case it's totally true. So, find a time each week for the next 6 weeks when you'll be able to study the documents, watch the videos / listen to the audios, do the exercises and set your goals. And write it in your diary now (make sure to tell your partner so that you don't have to multitask and you'll be able to give it your full attention!)
- Also, don't forget to set aside some time to monitor and analyse your progress each day.

#### 2. PRACTICE MAKES PERFECT! BUT SO DOES PREP!

• I recommend having a quick read of the words and sentences you want to introduce every day, before carrying out the relevant routines. It will help you feel prepared and more confident. So practice makes perfect, but being prepared will also improve your chances of success.

#### 3. REPETITION IS KEY!

- Repetition, like routine, helps children feel comfortable and secure, thus increasing their confidence. So
  make sure you don't just use your new words and sentences once. If you can, repeat them several times
  (perhaps adapting them slightly each time) to make it easier for your kids to familiarise themselves with
  their meanings and reproduce them. For example:
  - The first time you say it: "It's 7.30. Time to wake up!"
  - The second time: "Come on! Time to wake up!"
  - The third time: "It's now 7.40. Come on! Time to wake up!".

### 4. MAXIMIZA TU INGLÉS DIARIO IS A "CIRCULAR COURSE".

- In order to determine how successfully you introduce new vocabulary into your daily routines, first you need to establish your starting point, and define your goals. It's then essential to monitor your progress and reflect upon whether you've achieved said goals or not. But, once you do reach your goals, it doesn't have to mean that's the end!
- This course has been designed so that when you reach a milestone, you can always go back to the beginning and just keep adding on, upgrading and moving forwards. For example, if after week 1 you've successfully introduced 5 words and 3 sentences about waking up into your daily routine, you can revisit the material and choose more words and phrases to use (of the same, or higher complexity).

### 5. LEAN ON ME (WELL, US)!

Maximiza tu Inglés Diario offers an inbuilt support system – our private Telegram group. Don't be shy,
use it! Learning from your peers is so important, so take the opportunity to ask questions, discuss your
experiences and share your achievements with other families, just like yours, raising bilingual children.

