
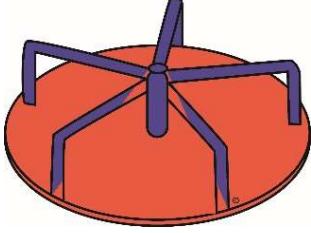
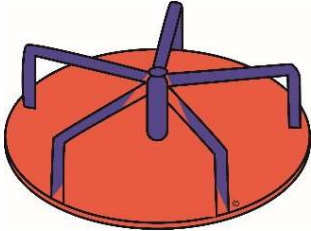

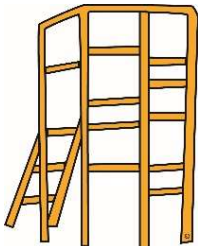
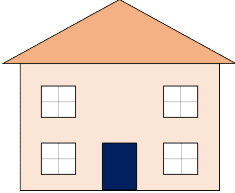


# Maximiza tu Inglés Diario

## Playgrounds & Illnesses / Injuries

### Week 3 - Climbing Frame & Roundabout

#### Sample Routine

	Arrive at the playground
	Get on the roundabout
	Get off the roundabout
	Climb up the climbing frame
	Climb down the climbing frame
	Leave the playground

## Maximiza tu Inglés Diario

### Playgrounds & Illnesses / Injuries

#### Week 3 – Climbing Frame & Roundabout

#### Essential Vocabulary

Word	Type	Definition	Example
Climbing frame	Noun	A group of wooden or metallic bars joined together to create a structure children can play on.	Goodness that climbing frame is very tall!
Netting	Noun	A material made of thread, rope or metal. The strands are woven together, in a way that there are spaces left between them.	Wow! The netting on that climbing frame is bright yellow!
Rope	Noun	A thick cord made by twisting a number of thinner cords or wires together.	Are you going to climb up the rope honey?
Roundabout	Noun	A circular structure in a playground, that children sit or stand on, that spins round when you push it.	Would you like a go on the roundabout now?
Monkey bars	Noun	A set of bars, usually made from wood or metal, that are joined together by a frame for children to play on.	I'll race you across the monkey bars! Let's see who reaches the other side first!
Rope bridge	Noun	A structure made from wooden boards for people to walk on, held together with pieces of rope. Often found between two pieces of equipment in playgrounds.	That's the longest rope bridge I've ever seen! That looks like fun!
Wobbly bridge	Noun	Similar to a rope bridge, but designed in a way that the structure swings or moves when walked on.	Goodness that wobbly bridge is wobbly! Hold on tight!
Tunnel	Noun	A tube, usually made out of metal, that creates a passage between two pieces of equipment in a playground.	Hmmm.... Where are you? Are you hiding in the tunnel?!
Firefighter's pole	Noun	A metal bar that simulates the one firefighters use in order to reach the ground floor of a fire station.	You're a pro on the firefighter's pole! Look at you go!
Climbing wall	Noun	A wall or space fitted with specially designed pieces that simulate rocks in order to practice climbing.	Are you going to climb up the climbing wall or go up the stairs?
To climb / To climb up / To climb down	Verb / Phrasal Verb	To move towards the top or bottom of a structure.	Wow sweetie pie! I didn't know you could climb so well!
To hold on (to)	Phrasal verb	To place and keep your hand on something, to support yourself and avoid falling.	Sweetie, please hold onto the roundabout, it's spinning very fast!

## Maximiza tu Inglés Diario

### Playgrounds & Illnesses / Injuries

#### Week 3 - Climbing Frame & Roundabout

#### Essential Vocabulary

Word	Type	Definition	Example
To get stuck	Phrasal verb	To become unable to move from your initial position.	Oh darling! Are you stuck on the climbing frame?
To feel dizzy	Phrasal verb	To feel unsteady or confused.	Oopsie! Did the roundabout make you feel dizzy?
To cross / To get across	Verb / Phrasal verb	To move from one side of a place or structure, to the other side.	Can you cross the wobbly bridge all by yourself?

#### Idioms

Idiom	Definition	Example
Climb (up) the ladder	To become increasingly powerful or successful.	Uncle Paul has finally climbed up the ladder and become the Supermarket Manager!
Climbing the walls	Anxious or annoyed to the point of frenzy.	Oh my goodness! You kids are climbing the walls this afternoon! Did you have a hard day at school?

## Maximiza tu Inglés Diario

### Playgrounds & Illnesses / Injuries

#### Week 3 – Climbing Frame & Roundabout

#### Sentences

Read through these sentences. Identify which ones fit in best with your daily routine and level of English so you can gradually introduce them into your conversations with your kid (about 3-5 each week). You can “mix and match” sentences from different levels.

### CLIMBING FRAME

#### ELEMENTARY

1. Are you going to climb up to the top?
2. First, put your foot on the bottom of the climbing frame.
3. Now move it up one square on the netting.
4. Hold on tight! Don't let go.
5. Are you stuck? Do you need help?
6. Do you want to climb down?
7. Are you going to slide down the firefighter's pole?

#### INTERMEDIATE

1. Are you going to climb all the way to the top?
2. First, you need to put your foot on the netting at the bottom of the climbing frame.
3. Next, place your other foot one square higher up on the netting
4. Hold on tight and make sure you don't let go.
5. Whoopsie! Are you having trouble?
6. Would you like me to help you climb down?
7. Would you rather climb down or slide down the firefighter's pole?

#### ADVANCED

1. Are you going to climb all the way to the top? Or just halfway up?
2. OK, so to climb up the climbing frame, firstly you need to put your foot on the netting, here.
3. Once you've done that, put your left foot in the square above your right foot.
4. Make sure to hold on tight and use your arms to help lift yourself up.
5. Goodness, it looks like you're having a bit of trouble?
6. Would you like some help climbing down, or are you OK to do it by yourself?
7. What're you going to do today? Climb down? Or are you gonna slide down the firefighter's pole?

## Maximiza tu Inglés Diario

### Playgrounds & Illnesses / Injuries

#### Week 3 – Climbing Frame & Roundabout

#### Sentences

Read through these sentences. Identify which ones fit in best with your daily routine and level of English so you can gradually introduce them into your conversations with your kid (about 3-5 each week). You can “mix and match” sentences from different levels.

### ROUNABOUT

#### ELEMENTARY

1. Do you need help getting on the roundabout?
2. Would you like to go faster? Or slower?
3. Who do you want to push the roundabout?
4. Careful there's a little boy/girl near you.
5. Do you want to stay on a bit longer?
6. Do you feel dizzy?

#### INTERMEDIATE

1. Wait until the roundabout stops completely, then get on. Do you need help?
2. Would you like the roundabout to go a bit faster / slower, or is it just right?
3. Who would you like to push the roundabout? Me or Mum?
4. Keep your legs folded please! There's a little boy/girl near you that you could kick.
5. Fancy staying on a bit longer? Or is that enough?
6. You look dizzy! How do you feel?

#### ADVANCED

1. Sweetie, please be sure the roundabout has come to a complete stop before you get on. Would you like some help?
2. What do you think? Does the roundabout need to go a bit faster / slower, or is it going at just the right speed?
3. Who's turn is it to push the roundabout? Mine or Mum's?
4. Honey, there's a little kid near you. Please cross your legs so you don't kick her by accident.
5. Have you had enough of the roundabout for today, or are you good there for a while longer?
6. Uh-oh! Are you dizzy? You sure look it!

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### Playgrounds & Illnesses / Injuries

#### Week 3 – Climbing Frame & Roundabout

#### In Context: A Dialogue

This dialogue, between a mother and her child will help you understand some of the essential vocabulary and sentences in context. Make sure to take note of anything you deem important - highlight words, underline expressions, look up definitions, etc...

**Mum:** "Sweetie, we've been at the playground for a while now, we can stay for 10 more minutes, then we have to leave. OK?"

**Kid:** "Hmph! I don't want to goooo!"

**Mum:** "I know my lovely, you're having a great time aren't you? I understand that leaving upsets you, but if we don't go in 10 minutes, we won't have time for dinner."

**Kid:** "No!!!"

**Mum:** "Listen, I'm happy to sit here with you if you like until you feel better. Or, if you prefer, I can help you climb all the way to the top of the climbing frame..."

**Kid:** ...

**Mum:** "Or how about I push you on the roundabout?"

**Kid:** "I want to climb up the climbing frame! But you have to help me cos I get stuck."

**Mum:** "Sure! Of course! Right, so put your foot on the netting and hold on tight to the rope right here. Good job! Now, put your other foot a little higher up on the netting."

**Kid:** "Like this?"

**Mum:** "Yes! Great job! How do you feel?"

**Kid:** "OK! But I only want to go halfway up, then slide down the firefighter's pole."

**Mum:** "No problem! climb as high as you like. Then I'll help you reach over and slide down the pole."

**Kid:** "I want to go on the roundabout now!"

**Mum:** "That's fine, but just for 5 minutes. Then we're leaving."

**Kid:** "I don't want to go home!"

**Mum:** "I know sweetie. I don't want to leave the playground either. But we have to I'm afraid. Whoa! Stop! You have to wait for the roundabout to stop completely before you get on! Did you hurt yourself?"

**Kid:** "No!"

**Mum:** "Phew, that was close! Do you want to go fast or slow?"

**Kid:** "Slow please."

**Mum:** "OK, remember to keep your legs folded please! There's a little girl near you. You wouldn't want to kick her by accident. How's that?"

**Kid:** "Too slow! Faster please."

**Mum:** "Sure! I'll push you 2 more times, then it's time to go."

**Kid:** "Ugh! Fine!".

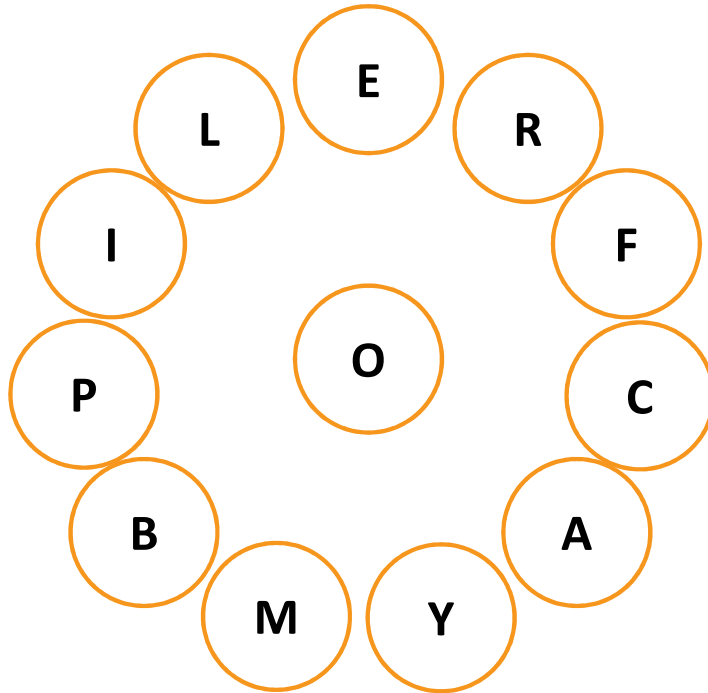
## Maximiza tu Inglés Diario

### Playgrounds & Illnesses / Injuries

#### Week 3 - Climbing Frame & Roundabout

#### Exercise 1: Web Words

Write as many words as you can, related to the playground, using the letters in the web provided. You can only use each letter once per word. There are at least seven words you can write.



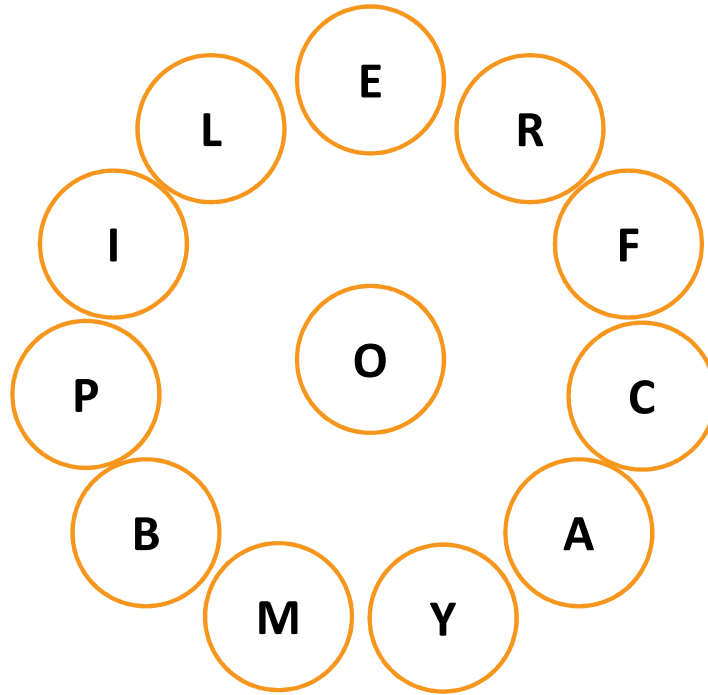
## Maximiza tu Inglés Diario

### Playgrounds & Illnesses / Injuries

#### Week 3 - Climbing Frame & Roundabout

#### Exercise 1: Web Words - Answers

Here are some of the words linked to the playground that you can make from the web:



1. Climb
2. Play
3. Frame
4. Fire
5. Pole
6. Rope
7. Ramp

There are also a lot of words that are not related to the playground that you can write using the letters in the web. Did you find any? For example...

1. Lamp
2. Limp
3. Limb
4. Pay
5. Fray
6. Clay
7. Lay
8. Bay
9. Life
10. Rife



## Maximiza tu Inglés Diario

### Playgrounds & Illnesses / Injuries

#### Week 3 - Climbing Frame & Roundabout

#### Exercise 2: Reorder the Words

Reorder the words to make sentences. The first word in every sentence is in the right place. You'll find the answers on the next page.

1. The is climbing very frame tall.
2. Put bottom your here, at frame the of the foot climbing.
3. Hold netting tight to on the.
4. Do help need climbing you down?
5. Hold tight the rope on to!
6. Well made! You top done it to the!
7. Wait get the until before stops you roundabout on.
8. The fast is going roundabout very.
9. Do dizzy or are feel you OK you?
10. Would like me to the you roundabout push?
11. The goes roundabout round and in circles round!
12. I'll friend the roundabout so can get stop on your.

## Maximiza tu Inglés Diario

### Playgrounds & Illnesses / Injuries

#### Week 3 - Climbing Frame & Roundabout

#### Exercise 2: Reorder the Words - Answers

Reorder the words to make sentences. The first word in every sentence is in the right place.

1. The climbing frame is very tall.
2. Put your foot here, at the bottom of the climbing frame.
3. Hold on tight to the netting.
4. Do you need help climbing down?
5. Hold on tight to the rope!
6. Well done! You made it to the top!
7. Wait until the roundabout stops before you get on.
8. The roundabout is going very fast.
9. Do you feel dizzy or are you OK?
10. Would you like me to push the roundabout?
11. The roundabout goes round and round in circles!
12. I'll stop the roundabout so your friend can get on.


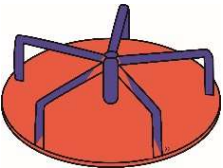
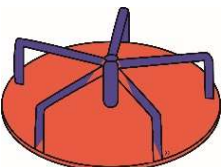


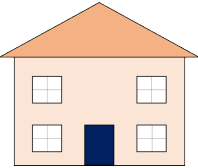
## Maximiza tu Inglés Diario

### Playgrounds & Illnesses / Injuries

#### Week 3 – Climbing Frame & Roundabout

#### Exercise 3: Sentences

1. It's time for you to start preparing the conversations you'll have regarding playground routines, and adapting/personalising everything you've seen this week.
2. Please write 3 to 5 sentences that feel natural to use with your kid for each step of this routine. Use my list of essential vocabulary and sample sentences to help you.
3. Next, select 3 to 5 of these sentences in total to introduce into your daily conversations this week. And write them, alongside any other goals you have for this week, on your calendar
4. Once you've successfully started using these sentences, you can come back to this page and set yourself a new goal of 3-5 more.
5. Make sure to keep track of when you use your target sentences with your kids. Write down anything of interest (how your kid reacted, what s/he said, whether it helped or not...). You should do this daily!

Step	Sentence
	<b>Arrive at the playground</b>
	<b>Get on the roundabout</b>
	<b>Get off the roundabout</b>
	<b>Climb up the climbing frame</b>
	<b>Climb down the climbing frame</b>
	<b>Leave the playground</b>